



STUDENT LIFE

Earthstock Duck Race



Homecoming

Are you ready to be a **SEAWOLF?**

Getting Involved at SBU

- Getting involved on campus can take on many unique forms. At Stony Brook, there is a multitude of unique involvement opportunities to help enhance student success, create connections, and foster a sense of community across campus.

Clubs & Organizations

- Stony Brook's Department of Student Engagement & Activities (SEA) supports **325+ recognized student organizations** across campus!
- SEA's club categories include **cultural, performance, advocacy, spiritual, academic, media, service, fraternal, sports, and leisure-based clubs**; so there is something for every student.
- Stony Brook **fraternities and sororities** are values-based organizations made for members to develop and improve personally and professionally.
- The fraternity & sorority community seeks to create and foster a vibrant campus community by developing a comprehensive co-curricular experience.
- SBU's fraternity and sorority community is made of **25 social, professional, and culturally-based organizations** that represent a variety of governing councils.

Programs & Traditions

- Our programs and traditions team hosts weekly programs that appeal to various interests to help foster inclusive, engaged communities across campus. These events include: **paint nights, trivia, movie nights, food expos, and more!**
- Events are free of charge or low-cost for all students and can be found on both SB Engaged and the Corq app. Popular programs and traditions include **Roth Pond Regatta and Earthstock**.
- For Roth Pond Regatta, teams representing clubs, organizations, and administrative offices race across the Roth Pond in makeshift crafts made only of cardboard, duct tape, and paint. All of the SBU community is invited to compete and trophies are awarded to the winners.
- On Earth Day, Stony Brook's Earthstock celebration features exhibits, displays, lectures, and concerts to promote and support environment-friendly living.
- Other staple programs and traditions event include: **Homecoming, SBU Weeks of Welcome, Spooky Brook, and Strawberry Fest.**



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SB Engaged & Corq

- **SB Engaged**, along with the companion **Corq** app, has made it easier for students to get involved and explore all the opportunities, events, and organizations on campus. If it's happening on campus and of interest to students, it's on SB Engaged.
- Visit stonybrook.edu/sbengaged for the complete guide to all campus events and recognized student organizations. Use the '**category and theme**' filters on SB Engaged to find events based on your specific interests.
- Follow Student Life on Facebook and Instagram ([@sbengaged](https://www.instagram.com/sbengaged)) to stay in the know regarding all things involvement.



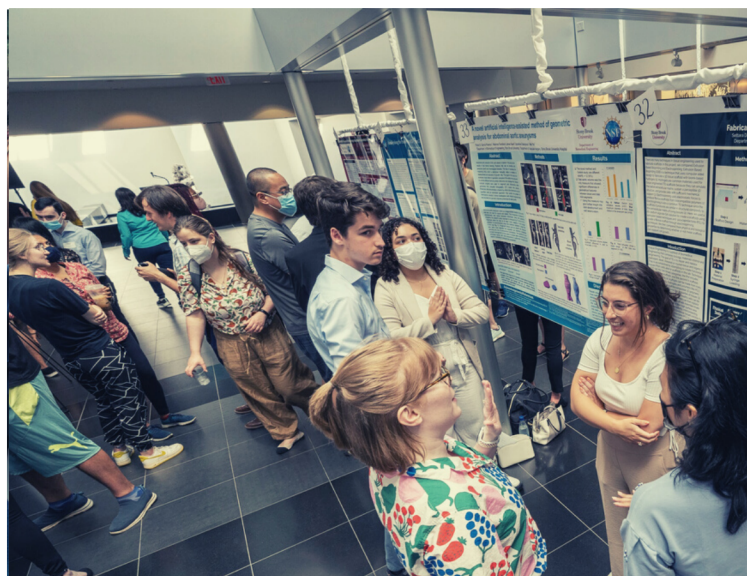
Jobs & Internships

- Stony Brook's Career Center offers a number of different resources to connect students and alumni to key experiential opportunities.
- More than **600 organizations recruit and engage** with SBU students via the Career Center each year.
- Students can access Handshake SBU's job posting site, to explore a variety of credit/no credit, paid or unpaid, and full-time or part-time internship opportunities.
- Visit stonybrook.edu/career to access Handshake and learn more about all the great resources the Career Center has to offer.



Undergraduate Research

- Stony Brook's Office of Undergraduate Research & Creative Activities (URECA) works with students to help them discover key research opportunities in a plethora of academic subjects/fields.
- Through research, students can develop necessary critical thinking and analytical skills while collaborating with Stony Brook's world-renowned scientists and scholars.
- Visit stonybrook.edu/URECA to learn how to go about starting research and about Stony Brook's research-rich community.



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Commuter Student Services & Off-Camps Living

- The Commuter Assistant Program pairs incoming commuter students with a 'seasoned' student mentor to provide them with support and advice throughout their first year at Stony Brook.
- Commuter Assistants dedicate their efforts to ensuring that newly admitted students adjust to Stony Brook seamlessly.
- Visit stonybrook.edu/commuters or follow Commuter Student Services on Instagram ([@SBUCommuters](https://www.instagram.com/SBUCommuters)) to learn more about the Commuter Assistant Program and commuter student resources.



Resident Assistants & Hall Council

- Resident Assistants (RA) are an integral part of Campus Residences. Students that serve as RAs have the opportunity to develop their leadership skills, make strong connections with other students, and promote diversity and inclusion across their area. Undergraduate and Graduate Students can be RA's in the Residence Hall and Apartment Areas. Visit stonybrook.edu/res for more details on our student employment opportunities.
- Hall Councils consist of two parts; an elected governing body derived from the students residing within a specific residential building or community and the additional community members living in the area. Hall Council involvement provides an engagement opportunity for students to connect with other residents in their hall and provide input in their community weekly at meetings and provide engagement events and activities for students. Visit the Residence Hall Association website to learn more about these organizations: rha.stonybrook.edu.



Getting Around SBU

- Stony Brook is located at the **geographic midpoint of bio-diverse Long Island**. The campus lies about 60 miles east of New York City and 4 miles away from the closest beach.
- With various on-campus transit services, off-campus/connecting transportation, and an on-campus train stop, **adventures await students at every corner.**

