

Psychology 538 Treatment of Externalizing Disorders and Relationship Problems

Spring 2020 Instructor: K. Daniel O'Leary

This course focuses on the treatment of externalizing disorders of children and adults as well as intimate partner problems like relationship discord and partner abuse. A developmental focus is taken as exemplified by coverage of child externalizing problems such as Oppositional Defiant Disorder, Conduct Disorder, and Attention Deficit Disorders, as well as coverage of the adult externalizing problems such as Antisocial Personality Disorder, and Partner Abuse. Treatments of alcohol abuse and eating disorders in both teens and adults are presented. Finally, treatment of schizophrenia is addressed. Individual, couple, and family treatments are reviewed.

GOALS: Acquaint graduate students with the empirical literature on the treatment of certain disorders of adults and children. This course is not a practicum. There is a separate practicum course. This course is designed to do the following:

1. Present data on treatment outcome, but it is also helpful to understand the causes of various disorders/problems. Knowing something about the causes of disorders is necessary to address client's questions about the disorder, causes thereof, and the course of the disorder. You will be learning about causes of externalizing disorders in Psychopathology II, and the etiology of disorders covered by Prof Klein sometimes will be presented before the treatment of such disorders in this class. However, I will be presenting some information causes of certain clinical problems not covered in Psychopathology II such as marital discord, partner abuse and depression as caused or preceded by marital discord. I also hope to convince you that client's perceptions of the causes of problems can be critically related to treatment outcome.
2. The course is organized to cover treatments for various clinical problems and their empirical efficacy rather than being organized around treatments or treatment strategies, and there will be a biopsychosocial emphasis in the course.
3. Address issues of diversity as seen in the starred readings. They receive special attention in the following disorders and clinical problems through lectures and readings: Marital Discord/Divorce; Attention Deficit Disorders, Conduct Disorders; Intimate Partner Abuse, Eating Disorders, and Schizophrenia. **Keep your syllabus with the starred readings as some states check to see if you have a course in diversity or some equivalent thereof.**
4. This course is the second intervention course, and the readings are non-overlapping. It is helpful to have a copy of the DSM-V readily available for this and other clinical courses and practica.
5. Fortunately, there are recent revisions of treatment handbooks, namely, Nathan and Gorman (2015): *Guide to Treatments that Work*, 4th Edition, Oxford University Press, and Christopherson and Mortweet (2nd Edition, 2013), *Treatments that Work with Children*. There are many chapters in Nathan and Gorman addressing child and adult disorders that you are asked to read for this course starting in the fifth week. The other book from which there are a number of readings is Sullivan and Lawrence (2016). *The Oxford Handbook of Relationship Science and Couple Interventions*. For great updated information about pharmacological interventions with kids, see Wilens, T. E., & Hammerness, P. G. (2016). *Straight talk about psychiatric medication for kids*.

Evaluation in Psychology 538

Written Assignments

There will be three short thought papers and a class presentation on an intervention. The thought papers are designed to help prepare you for class discussion and to encourage integration of material. The thought paper should be 2 pages doubled spaced with another page for references.

The class presentation format evolved after graduate students some years ago on job interviews felt that students should have significantly more practice in presenting before they face job talks. The class presentation is to provide your classmates with a summary of the treatment procedure you cover. The class presentation summary should be 4-5 pages of bullet points with additional pages for references. Key points covered in the class presentations will be covered on the final exam, and you should email your slide presentation and references to me and the class.

The thought papers are due on February 4, March 3, and April 7, and are to be emailed to me prior to the start of class on the appointed day. Class presentations are in late April and early May according to class schedule below. The papers are as follows:

Feb 4: Present data to support or negate the marital discord model of depression using risk data, longitudinal data, and treatment outcome data.

Mar 3: Briefly review the primary causes of ADHD and discuss whether empirically based interventions are linked to those causes.

Apr 7: How does AA stack up against any other empirically supported interventions for reducing alcohol dependence or abuse?

The thought papers and the written intervention review/summary will count for one third of your grade, each 10 points for a total of 40 points. You are not graded or evaluated on your presentation; only supportive/encouraging /suggestive feedback is to be given to you by peers and your instructor.

Exams

There is a midterm and a final exam. Both are essay exams with four essays worth a total of 10 points each. The midterm and final each count for one third of your grade. Thus, the total points one can earn in this class are 120 (written assignments 40 points, midterm 40 points, and final 40 points). An A = 90% of the total, a B = 80% of the total, and a C = 70% of the total points.

Spring 2020 T & Th 11:30-12:50 AM; Room Psych B 436
Dan O'Leary

January 28 & 30	Relationship/Marital Discord
February 4 & 6	Relationship Discord Model of Depression
February 11 & 13	Partner Abuse
February 18 & 20	Marital and Family Systems Theoretical Approaches
February 25 & 27	Conduct Disorders
March 3 & 5	Attention Deficit Disorders
March 10 & 12	Midterm Exam: Mar 10: Topics 1-3; Mar 12: Topics 3-6
Week of March 16-22	Spring Break
March 24 & 26	Enuresis and Encopresis
March 31 & April 2	Alcohol Use and Abuse (Teens and Adults)
April 7 & 9	Personality Disorders
April 14 & 16	Schizophrenia
April 21 & 23	Eating Disorders: Anorexia Nervosa and Bulimia Nervosa
April 28 & May 30 Discussion)	Class Presentations (20 min Presentation; 10 min Detailed outline with key points for class members as the last exam will cover material from detailed outline and presentation
May 5 & 7	Class Presentations (20 min Presentation; 10 min Discussion)
Suggested Topics: Treatment of Pervasive Developmental Disorders; Treatment of Sexual Disorders in Women or Men; Treatment of Gay & Lesbian Relationship Problems; Evaluation of Interventions with Populations Above such as Motivational Interviewing; Anger Management; Mindfulness	
May 12 & May 14	Final Exam: 3 hrs 10-1 PM (TBA in Conjunction with class; Final is on 4 topics and outlines of presenters)

RELATIONSHIP DISCORD

Kennedy, S. & Ruggles, S. (2014). Breaking Up Is Hard to Count: The Rise of Divorce in the United States, 1980–2010. *Demography*, 51, 587-598.

DOI 10.1007/s13524-013-0270-9

Shadish, William R & Baldwin, Scott A. (2005). [Effects of Behavioral Marital Therapy: A Meta-Analysis of Randomized Controlled Trials](#). *Journal of Consulting and Clinical Psychology*, 73(1), pp. 6-14. [PDF Full Text](#)

Benson, L. A. & Christensen, A. (2016). Empirically supported couple therapies. In Sullivan, K. T. & Lawrence, E. (Eds.), *The Oxford Handbook of Relationship Science and Couples Interventions* (pp. 177-192). Can be read via Google

Baucom, D. H., Hahlweg, K. & Kuschel, A. (2003). Are waiting-list control groups needed in future marital therapy outcome research? *Behavior Therapy*, 2003, 34, 179-188

[PDF \(604 K\)](#) 1-s2.0-S0005789403800126-main.pdf

Christensen, Andrew; Atkins, David C.; Yi, Jean; (2006). [Couple and Individual Adjustment for 2 Years Following a Randomized Clinical Trial Comparing Traditional Versus Integrative Behavioral Couple Therapy](#). *Journal of Consulting and Clinical Psychology*, Vol 74(6), Dec 2006. pp. 1180-1191. [PDF Full Text](#)

Dyadic Adjustment Scale (Copies of DAS, Spanier, 1976)

Recommended Treatment Books:

O'Leary, K. D., Heyman, R. E., & Jongsma, A. E. (2015, 2nd Ed.). *The Couples Psychotherapy Treatment Planner with DSM V Updates*. Wiley: NY

Halford, K. (2001) *Helping couples change*. Guilford: NY

Discussion Topic: Do We Need Control Groups Evaluating Behavioral Marital Therapy for first Thursday class.

A RELATIONSHIP DISCORD MODEL OF DEPRESSION

Whisman, M. A., Rubestelli, B.L., Sbarra, D. A. (2016). Women in very low quality marriages gain life satisfaction following divorce. *Journal of Family Psychology*, 29, 490-499.

[Marital distress and DSM-IV psychiatric disorders in a population-based national survey.](#)

Whisman, Mark A.; Journal of Abnormal Psychology, Vol 116(3), Aug 2007. pp. 638-643. [PDF Full Text](#)

[Infidelity and separations precipitate major depressive episodes and symptoms of nonspecific depression and anxiety.](#) *Cano, Annmarie*; O'Leary, K. Daniel; Journal of Consulting and Clinical Psychology, Vol 68(5), Oct 2000. pp. 774-781.

[PDF Full Text](#)

[Marital therapy: A viable treatment for depression and marital discord.](#) *O'Leary, K. Daniel*;

Beach, Steven R.; American Journal of Psychiatry, Vol 147(2), Feb 1990. pp. 183-186.



[Link to fulltext](#) Cohen, S. O'Leary, K. D., Foran, H. M., & Kliem, S. (2014). What leads to the positive outcomes in brief couples therapy for depression. *Behavior Therapy*, 45, 402-417.

Attributions about the marital discord/depression link and therapy outcome. *Behavior Therapy*, 1990 *Pages 413-422* K. Daniel O'Leary, Lawrence P. Riso and Steven R.H. Beach

[PDF \(650 K\)](#) |

Recommended:

Whisman, M. A. (2016). Discovery of partner affair and major depressive episode in probability sample of married or cohabitation adults. *Family Process*, 55, 713-723.

Whisman, M. A. & Beach, S. R. H. (2015). Couple Therapy and the Treatment of Depression. In Gurman, A. S., Lebow, J., & Snyder, D. K. *Clinical handbook of couple therapy*, (5th ed.). New York, NY: Guilford Press. ISBN 9781462513925

Jaremka, L. M., Glaser, R., Malarkey, W., & Kiecolt-Glaser (2013). Marital distress prospectively predicts poorer cellular immune function. *Psychoneuroendocrinology*, **Volume 38**, **Issue 11**, Pages 2713–2719

Recommended Treatment Manual: Beach, S., Sandeen, & O'Leary, K. D. (1990) Depression in Marriage: A Model for Etiology and Treatment. Guilford. NY

Discussion Topic: Does A Client's View of the Etiology of a Disorder Affect Treatment?

PARTNER ABUSE: PSYCHOLOGICAL AND PHYSICAL AGGRESSION IN INTIMATE RELATIONSHIPS

*Lecture: Covers Population Based Prevalence Rates by Straus & Gelles (1990) and Gender and Ethnicity as well as FBI data on Partner Homicide by Ethnicity

Woodin, E., Sotskova, A., & O'Leary, K. D. (2013). Intimate partner assessment in a historical context: Divergent approaches and opportunities for progress. *Journal of Sex Roles*, Invited Manuscript, 69, #3-4, 120-130.

Edwards, K. M., Sylaska, K. M., & Neal, A. M. (2015). Intimate partner violence among sexual minority populations: A critical review of the literature and agenda for future research. *Psychology of Violence*, Vol. 5, No. 2, 112–121


Stith, S. M., McCullum, E. E., Amanor-Boadu, Y. & Smith, D. (2012). Systemic perspectives on intimate partner violence treatment. *Journal of Marital and Family Therapy*, 38, 220-240. Pdf from k-stateu

Woodin, E. M. , Sotskova, A., & O'Leary, K. D. (2012). Do motivational interviewing behaviors predict reductions in partner aggression for men and women. *Behavior Research and Therapy*, 50, 79-84.

Cantos, A. & O'Leary, K. D. (2014). One size does not fit all in treatment of intimate partner violence. *Partner Abuse*, 5, #2, 204-236.

Salis, K. L. & O'Leary, K. D. (2016). Treatment of partner aggression in intimate relationships. In Sullivan, K. T. & Lawrence, E. (Eds.), *The Oxford Handbook of Relationship Science and Couples interventions* (pp. 96-112).

[Low-level relationship aggression and couple therapy outcomes.](#) Simpson, Lorelei E.; Atkins, David C.; Gattis, Krista S.; **Christensen, Andrew**; *Journal of Family Psychology*, Vol 22(1), Feb, 2008. pp. 102-111.

*[Nonlethal Intimate Partner Violence: Examining Race, Gender, and Income Patterns.](#) **Rennison, Callie**; Planty, Mike; *Violence and Victims*, Vol 18(4), Aug 2003. pp. 433-443.  [Link to fulltext](#)

Recommended Assessment:

O'Leary's Brief One Page Clinical Assessment for Satisfaction, Abuse, and Commitment

Straus, M. A., Hamby, S. L., Boney-McCoy, S., & Sugarman, D. B. (1996). Revised Conflict Tactics Scale (CTS2). Development and Preliminary psychometric data. *Journal of Family Issues*, 17, 283-316.

MARITAL AND FAMILY SYSTEMS: Conceptualizations and Position Papers

Fallon, I. & Lillie, F. (2015). Behavioral family therapy: An Overview, p. 3-26. In I. Fallon (Editor). *Handbook of Behavioral Family Therapy*. Routledge, NY.

Le Grange, D., Lock, J., Loeb, K. & Nicholls, D. (2010). Academy for eating disorders position paper: The role of the family in eating disorders. *Eating Disorders*, 43, #1, 1-5.

Sperry, L. (2005). [Case Conceptualization: A Strategy for Incorporating Individual, Couple and Family Dynamics in the Treatment Process.](#) *American Journal of Family Therapy*, 33 Issue 5, 353-364, 12p, 2 charts; [PDF Full Text](#)(62K)

Mitchell, V. (2016). Couple therapy with Same-Sex and Gender Variant (LGBT) Couples: Sociocultural problems and intrapsychic and relational consequences. In Sullivan, K. T. & Lawrence, E. (Eds.), *The Oxford Handbook of Relationship Science and Couples interventions* (pp. 241-256). Can be read via Google

Baucom, D. H., Belus, J. M., Adelman, C. B., Fischer, M. S. & Paprocki, C. (2014). Couple-Based Interventions for Psychopathology: A Renewed Direction for the Field. *Family Process*, 53, #3, 445-461.

[Will Medical Solutions to Sexual Problems Make Sexological Care and Science Obsolete?](#) **Author:** David L. Rowland **Published in:** [Journal of Sex & Marital Therapy](#), Volume 33, Issue 5 October 2007, pages 385 - 397

McCarthy, B. & Wald, L. (2016). Sexual dysfunction and couple dysfunction. In Sullivan, K. T. & Lawrence, E. (Eds.), *The Oxford Handbook of Relationship Science and Couples interventions* (pp. 83-95). Can be read via Google

Discussion Topics: What are The Key Ingredients of A Family Systems Therapy

Recommended Assessments

[The Seven-Item Short Form of the Dyadic Adjustment Scale: Further Evidence for Construct Validity.](#) By: Hunsley, John; Best, Marlene; Lefebvre, Monique; Vito, Diana. *American Journal of Family Therapy*, Jul-Sep2001, Vol. 29 Issue 4, p325-335, 11p; [PDF Full Text](#) (120K)


CONDUCT DISORDERS

***Lecture covers controversy of use of drugs with children and special class placement with CD from Black and Hispanic families and class action suits resulting from such actions; also discusses risk factors by ethnic groups**


[The effectiveness of traditional child psychotherapy.](#) *Weiss, Bahr*; Catron, Thomas; Harris, Vicki; Journal of Consulting and Clinical Psychology, Vol 67(1), Feb 1999. pp. 82-94. [PDF Full Text](#)

Kazdin, A. (2015). Psychosocial treatments for conduct disorders in children and adolescents. Chapter in Nathan and Gorman: Treatments that Work.

Henggler, S. W. & Schaffer, C. M. (2017). Treating serious antisocial behavior using multisystemic therapy (pp 197-214). In Weisz, J. R. & Kazdin, A. E. (Eds.). Evidence-based psychotherapies for children and adolescents. (3rd Ed.). NY: Guilford.

[Adopting a population-level approach to parenting and family support interventions.](#) *Prinz, Ronald J.*; Sanders, Matthew R.; Clinical Psychology Review, Vol 27(6), Jul 2007. pp. 739-749.  [Link to fulltext](#)

Wilens, T. E. & Hammerness, P. G. (2016). Attentional and disruptive behavior disorders (pp. 129-140). In Straight Talk about Psychiatric Medication for Kids. New York: Guilford.

[Pharmacotherapy of aggression in children and adolescents: Efficacy and effect size.](#) Pappadopulos, Elizabeth; Woolston, Sophie; Chait, Alanna; Journal of the Canadian Academy of Child and Adolescent Psychiatry | Journal de l'Académie canadienne de psychiatrie de l'enfant et de l'adolescent, Vol 15(1), Feb 2006. pp. 27-39.  [Link to fulltext](#)

Discussion Topic: Can Drugs Help Kids with Conduct Disorders ?


Recommended Treatment:


Barkley, R. A. (1997). Defiant Children: A Clinician's Manual for Assessment and Parent Training. Second Ed, NY: Guilford.

ATTENTION DEFICIT DISORDERS

Pfiffner, L. and Haack, L. (2015). Childhood attention deficit disorder: Non-pharmacological treatments for childhood attention deficit disorder and their combination with medication. In Nathan and Gorman

Abikoff, Howard; Gallagher, Richard; Wells, Karen C.; Murray, Desiree W.; Huang, Lei; Lu, Feihan; Petkova, Eva. Remediating organizational functioning in children with ADHD: Immediate and long-term effects from a randomized controlled trial. *Journal of Consulting and Clinical Psychology*, Vol 81(1), Feb 2013, 113-128. <http://dx.doi.org/10.1037/a0029648>

[3-year follow-up of the NIMH MTA study.](#) Jensen, Peter S.; Arnold, L. Eugene; Swanson, James M.; *Journal of the American Academy of Child & Adolescent Psychiatry*, Vol 46(8), Aug 2007. pp. 989-1002.  [Link to fulltext](#)

[Effects of stimulant medication on growth rates across 3 years in the MTA follow-up.](#) Swanson, James M.; Elliott, Glen R.; Greenhill, Laurence L.; *Journal of the American Academy of Child & Adolescent Psychiatry*, Vol 46(8), Aug 2007. pp. 1015-1027.  [Link to fulltext](#)

O'Leary, S. G. & Pelham, W. E. (1978). Behavioral therapy and withdrawal of stimulant medication with hyperactive children. *Pediatrics*, 61, 211-217.

Efficacy of a Mixed Amphetamine Salts Compound in Adults With Attention-Deficit/Hyperactivity Disorder

Thomas Spencer; Joseph Biederman; Timothy Wilens; Stephen Faraone; Jefferson Prince; Kristine Gerard; Robert Doyle; Asha Parekh; Jake Kagan; Sarah Kate Bearman *Arch Gen Psychiatry*. 2001;58:775-782. | [PDF](#)

[Rate and predictors of divorce among parents of youths with ADHD.](#) Wymbs, Brian T.; Pelham, William E. Jr.; Molina, Brooke S. G.; Gnagy, Elizabeth M.; Wilson, Tracey K.; Greenhouse, Joel B.; *Journal of Consulting and Clinical Psychology*, Vol 76(5), Oct 2008. pp. 735-744. [PDF Full Text](#) (150K)

*[Effects of ethnicity on treatment attendance, stimulant response/dose, and 14-month outcome in ADHD.](#) Arnold, L. Eugene; Elliott, Michael; Sachs, Larry; *Journal of Consulting and Clinical Psychology*, Vol 71(4), Aug 2003. pp. 713-727. [PDF Full Text](#)(102K)

Recommended Treatment Sources:

[Organizational Skills Training for Children with ADHD: An Empirically Supported Treatment.](#) R Gallagher, HB Abikoff - 2014 - [books.google.com](#)

This indispensable manual presents an easy-to-implement intervention with proven effectiveness for children with ADHD in grades 3 to 5. Organizational skills training helps kids develop essential skill sets for organizing school materials, tracking assignments, etc. .

ADHD Report, Guilford Edited by R Barkley. Bimonthly updates on etiology and treatment summaries- Dan O'Leary subscribes to Report. Very interesting articles and research summaries like "Father involvement in Treatment:" and "Should EEG Theta to Beta be Used in Diagnosis?"

Enuresis/Encopresis

*Lecture on Prevalence, Developmental Delays, Gender and Ethnicity

Mellon, M. W. & Houts, A. C. (2017). Behavioral treatment for enuresis and encopresis. In Weisz, J. R. & Kazdin, A. E. (Eds.), Evidence-based psychotherapies for children and adolescents. Third Ed., pp 325-341.

Perrin, N., Sayer, L., & While, A. (2015). The efficacy of alarm therapy versus desmopressin therapy in the treatment of primary mono-symptomatic nocturnal enuresis: a systematic review. *Primary Health Care Research and Development*, 16, #1, 21-31.

Hofmeester, I., Kollen, B., Steffens, M., van Capelle, J., Mulder, Z., Feitz, W., & Blanker, M. (2015). Predictors for a positive outcome of adapted clinical dry bed training in adolescents and adults with enuresis. *Neurourology and Urodynamics*

Article first published online: 9 SEP 2015; DOI: 10.1002/nau.22869

Friman, P. C., Handwerk, M. L., Swearer, S. M., McGinnis, C., & Warzak, W. J., (1998). Do Children With Primary Nocturnal Enuresis Have Clinically Significant Behavior Problems? *Arch Pediatr Adolesc Med*, Jun 1998; 152: 537 - 539.

Christopherson, E. (2005). Is evidence based treatment sufficient to manage nighttime wetting (enuresis)? Yes and No. *Archives of Pediatric and Adolescent Medicine*, 2005, 159, 1182-1183.

Reid, H. and Ron J. Bahar, R. J. (2006). Treatment of Encopresis and Chronic Constipation in Young Children: Clinical Results from Interactive Parent-Child Guidance *Clinical Pediatrics*, Mar 2006; vol. 45: pp. 157 - 164. [Abstract](#) | [Full Text \(PDF\)](#) |

Recommended:

Del Gado, R., Del Gaizo, Cennamo, M., Auriemma, R., Del Gado, G., & Verni, M. (2005). Desmopressin is a safe drug for the treatment of enuresis. *Scandinavian Journal of Urology and Nephrology*, 39, 308-312.

Substance Abuse with Emphasis on Alcohol Use Disorders

Finney & Moos. (2015). Psychosocial treatments for substance use disorders. In Nathan and Gorman., 731-763.

O'Brien, C. (2015). In treating alcohol use disorders, Why not use evidence based treatment. *American Journal of Psychiatry*, 172, 4, 305-306.

Wiers CE, Stelzel C, Gladwin TE, et al: (2015). Effects of cognitive bias modification training on neural alcohol cue reactivity in alcohol dependence. *Am J Psychiatry*, 172:335–343.

Jones, A., McGrath, E., Robinson, E., Houben, K., Nederkoorn, C., & Field, M. (2018). A randomized controlled trial of inhibitory control training for the reduction of alcohol consumption in problem drinkers. *Journal of Consulting and Clinical Psychology*, 86(12), 991-1004.

<http://dx.doi.org/10.1037/ccp0000312>

Anton, R. F., Moak, D. H., Waid, L. R., Latham, P. K., Malcolm, R. J., & Dias, J. K. (1999). Naltrexone and cognitive behavioral therapy for the treatment of outpatient alcoholics: Results of a placebo-controlled trial. *American Journal of Psychiatry*, 156, 1758–1764)

Swift, R., Oslin, D. W., Alexander, M., & Forman, R. (2011). Adherence monitoring in naltrexone pharmacotherapy trials: A systematic review. *Journal of Studies on Alcohol and Drugs*, 72(6), 1012-1018.

Vaillant, G. E. (2005). [Alcoholics Anonymous: Cult or cure?](#) *Australian and New Zealand Journal of Psychiatry*, Vol 39(6), Jun 2005. pp. 431-436. [PDF Full Text](#)

Moyers, T. B.; *Miller, W. R.*, Hendrickson, S. M. L.;(2005). [How Does Motivational Interviewing Work? Therapist Interpersonal Skill Predicts Client Involvement Within Motivational Interviewing Sessions.](#) *Journal of Consulting and Clinical Psychology*, Vol 73(4), Aug 2005. pp. 590-598. [PDF Full Text](#)(97K)

PERSONALITY DISORDERS

Crits-Christoph & Barber, J. (2015). Psychological treatments for personality disorder. In Nathan and Gorman.

Norton, P. J. & Paulus, D. J. (2015). Toward a unified treatment for emotional disorders: update on the science and practice. **Behavior Therapy, 2015** – Elsevier Pdf Research Gate

Denson, T. (2015). Four promising psychological interventions for reducing reactive aggression. *Current Opinion in Behavioral Sciences*, 3, 136–141.

Bateman, A. W. , Gunderson, J., Mulder, R. (2015). Treatment of personality disorder. *Lancet*, 385, 735-743.

Giesen-Bloo, J., van Dyck R., Spinhoven, P. et al., (2006). Outpatient psychotherapy for borderline personality disorder. *Archives of General Psychiatry*, 63, #6, 649-658.

Alden, L. (1989). Short term structured treatment for avoidant personality disorder. *Journal of Consulting and Clinical Psychology*, 57, #6, 756-764.

Barber, J. P., Morse, J. Q., Krakauer, I. A., Chittams, J. & Crits-Christoph. (1997). Change in obsessive-compulsive and avoidant personality disorders following time limited supportive-expressive psychotherapy, *Psychotherapy*, 34, #2, 133-143.

Recommended Articles for Further Reading: **Assessment:**

Millon Clinical Multiaxial Inventory.

Ferro, T., Klein, D. N., Norden, K. A., Donaldson, S. K. & Lizardi, H. (1995). Development and reliability of the family history interview for personality disorders. *Journal Of Personality Disorders*, 9(2), 169-175.

Clark, L. A. (1996). Schedule for Non-adaptive and Adaptive Personality (SNAP). University of Minnesota Press.

Jackson, D. N. (1967). Personality Research Form, Third Edition. Sigma Assessment Systems.

SCHIZOPHRENIA

*Lecture covers cross cultural comparisons in prevalence rates of schizophrenia, class, and downward drift

Kurtz, M. M. (2015). Cognitive and Social Cognitive Interventions for Schizophrenia
Chapter In Nathan and Gorman

Stroup, T. S., Gerhard, T., Crystal, S., Huang, C., & Olfson, M. (2015). Comparative effectiveness of clozapine and standard antipsychotic treatment in adults with schizophrenia. *The American Journal of Psychiatry*.
<http://dx.doi.org/10.1176/appi.ajp.2015.15030332>

Sernyak, M.J., Leslie, D. L., Alarcon, R. D., Losonczy, M. F., & Rosenheck, R. (2002). Association of diabetes mellitus with use of atypical neuroleptics in the treatment of schizophrenia. *The American Journal of Psychiatry*, 159, #4, 561-566
<http://dx.doi.org/10.1176/appi.ajp.159.4.561>

Pitschel-Walz, G., Leucht, S., Baumj, J., Kissling, W., & Engel, R. R. (2004). The effect of family interventions on relapse and re-hospitalization in schizophrenia: A meta-analysis. *Focus*, 2, #1, 78-94.

Krakowski, M. I., Czobor, P., Citrome, L., Bark, N., & Cooper, I. (2006). Atypical antipsychotic agents in the treatment of violent patients with schizophrenia and schizoaffective disorder. *Archives of General Psychiatry*, 2006, 63, 622-629.

Eating Disorders

*Lecture covers prevalence rates by ethnicity and social class and 2003 Psych Bulletin article on culture bound disorders by Pamela Keel as well as CDC data on obesity by ethnicity

Raykos, B.C., Erceg-Hurn, D. M., McEvoy, P. M., Fursland, A., & Waller, G. (2018). Severe and enduring anorexia nervosa? Illness severity and duration are unrelated to outcomes from cognitive behavior therapy. Brief Report. *Journal of Consulting and Clinical Psychology*, 86, 702-709.

Pike, K. M., Gianini, L. M., Loeb, K. L., and LeGrange, D. (2015). Treatment for eating disorders. In Nathan and Gorman.

Utzinger, L., Goldschmidt, A. B., Crosby, R. D., Peterson, C. B., & Wonderlich, S. A. (2016, Jan). Are sudden gains important in the treatment of eating disorders? *International Journal of Eating Disorders*, 49, #1, 32-35.
DOI: 10.1002/eat.22458

Wonderlich, S. A., Peterson, C. B., Crosby, R. D., Smith, T. L., Klein, M. H., Mitchell, J. E. & Crow, S. J. (2014). A randomized controlled comparison of integrative cognitive-affective therapy (ICAT) and enhanced cognitive-behavioral therapy (CBT-E) for bulimia nervosa. *Psychological Medicine*, 44, #3, 543-553

Le Grange, D., Crosby, R. D., Rathouz, P. J. & Leventhal, B. L. (2007). A randomized controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa, 64, 1049-1056. *Archives of General Psychiatry*, 64, 1049-1056.