

EXP+ Contract Department of Psychology

(This form can be used for PSY 273, 487, and other EXP+ credits such as PSY 488)

Undergraduate students may fulfill the Stony Brook Curriculum's EXP+ learning objectives through a mentored learning activity in which the student applies knowledge and skills acquired within the classroom in real-world and/or laboratory settings and in which insights and skills developed through such experience enhance academic success and professional development. Successful experiential learning requires reflection, mentoring, feedback, critical analysis and synthesis.

Note: This form should be completed by the student in close consultation with the faculty mentor or supervisor.

Student name _____ ID# _____

Student email _____ Faculty Sponsor _____

Faculty Sponsor Department _____ Faculty Email _____

Non-faculty supervisor (if any) _____ Email _____

Course # _____ Section# _____ Year _____

Semester: Fall ___ Spring ___ Summer 1 ___ Summer 2 ___

Credit hours requested _____ (1 credit =45 hours effort/semester for 200 level, and =60 hours/semester for 400 level)

Prerequisites completed (if applicable) _____

What additional training (if any) must student complete prior to enrollment? _____

Site of research activity (e.g., psychology) _____

Project Description: In 1-3 paragraphs describe the proposed research project, internship, or other learning experience.

Responsibilities and Structure: How many hours/week will you work? Who will be your primary on-site supervisor/mentor? Describe your responsibilities.

Learning Objectives: What skills/knowledge do you hope to gain from this experience?
Check all that apply and describe briefly.

___ develop problem solving skills _____

___ work independently, setting goals and managing time _____

___ work effectively with a team _____

___ develop communication skills _____

___ improve knowledge of your discipline and/or future profession _____

___ acquire discipline-specific skills (e.g., computer, research skills): _____

___ other: _____

Student Reflection: Describe your goals and responsibilities.

- 1) How do you expect this activity will contribute to your development--academic, professional, intellectual, other?

- 2) How do you expect to contribute to the goals of the project? (E.g. What are your specific responsibilities and how many hours per week will you be spending?)

Student Reflection: Describe the specific forms in which you will reflect upon and record what you are learning.

- 1) **During the activity:** How will you record what you are doing and reflect upon what you are learning? (e.g., lab notebooks, journal, blog, emails to academic mentor)

